



# Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment

*Pamela Charney*

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# **Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment**

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**Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment** Pamela Charney

This edition is substantially revised, with a new chapter on the Nutrition Care Process, updated information on nutrition screening, thorough coverage of the five categories of nutrition assessment data, evidence-based guidance on estimating energy and nutrient requirements, additional anatomical illustrations and an expanded glossary.



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