



Rethinking the Dsm: A Psychological Perspective (Decade of Behavior)

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This work reflects the dissatisfaction of a growing number of mental-health professionals who question the Diagnostic and Statistical Manual of Mental Disorders' (DSM) lack of strong empirical foundations and who are confounded by its patchwork of vaguely defined disorders, each defined by seemingly arbitrary time limits or poorly related symptoms. Expressing concern about whether the DSM truly provides a method for differentiating normal from pathological, clinicians and therapists alike wonder if the DSM should remain the diagnostic tool of choice. It contains essays on alternative systems within a number of theoretical orientations including psychodynamic, narrative, and cognitive/biological. The text should challenge readers to move away from conventional thinking and engage in continued dialogue and discussion about specific modifications and alternatives to the DSM.

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