



# The Power Within: How to Create a High Performance Mind

*John Newcombe, Michael Duff*

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**Ever wondered what it really takes to succeed in life?**

Those who have achieved their own success in life know that following the path of luck and chance is full of dead ends, failed journeys and disappointments. Success is a result of application and effort. What enables successful people to achieve their desired goals and more where so many others have come up short is their strength of mind, their strength of self and the simple clarity with which they see life.

*The Power Within* shares the insights from two very different successful people. One, a living legend who has harnessed this power to create an extraordinary life and the other who as a result of many years spent understanding how to access his potential and then teaching this to others has been able to transform his own life in a profound way.



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