



Undrunk: A Skeptics Guide to AA

A.J. Adams

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In this unprecedented book, A. J. Adams uses self-deprecating humor, entertaining anecdotes, and frank descriptions to introduce anyone who "just doesn't get" Alcoholics Anonymous to the complete "Undrunk" lifestyle.

My eyes wandered around the room, taking in the strange collection of humanity seeking to claim me as a fellow sufferer. If variety is the spice of life, this crowd was the jambalaya of affliction.

Beginning with the story of his first AA meeting, he takes the mystery out what goes on behind closed doors, dispelling misconceptions of AA as cultlike, secretive, campy, or lowbrow. He then presents a user-friendly history and introduction to AA, explaining the Steps, Traditions, terms, and sayings--all punctuated by honest, often hilarious descriptions of his own struggles and eventual transformation to "getting" the program.

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James Edwards:

Spent a free time for you to be fun activity to complete! A lot of people spent their spare time with their family, or all their friends. Usually they performing activity like watching television, going to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Could possibly be reading a book might be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the publication untitled Undrunk: A Skeptics Guide to AA can be fine book to read. May be it can be best activity to you.

Ryan Wysocki:

A lot of people always spent their own free time to vacation or perhaps go to the outside with them household or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you wish to try to find a new activity this is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book that you read you can spent the entire day to reading a guide. The book Undrunk: A Skeptics Guide to AA it is rather good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore quickly to read this book from the smart phone. The price is not too expensive but this book has high quality.

Elizabeth Brown:

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