



# Finding Peace Now

*Suzanne Scarrow*

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## **Finding Peace Now** Suzanne Scarrow

Every day in her counseling practice Suzanne Scarrow revels in the freedom that her clients experience. Emotional baggage can be cleared relatively easily now with Emotional Freedom Techniques. When the clearing happens clients feel the freedom of it, and are then able to deliberately create the lives they wish to live rather than creating, by default, more of the same. Once you know this is possible you can't un-know it. The choice is yours. Live the life you would like to experience by changing the way you think and feel. Or keep creating what you are experiencing currently. No-one else can do it for you. No-one else will do it for you. It is up to you!

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