



# Joint and Soft Tissue Injection: Injecting with Confidence, 5th Edition

*Trevor Silver*

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# **Joint and Soft Tissue Injection: Injecting with Confidence, 5th Edition**

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Steroid injections are a useful and effective treatment for many painful conditions of joints and soft tissues, and are used by an increasing range of practitioners - from general practitioners, sports medicine specialists, physiotherapists and rheumatologists, to podiatrists, orthopaedic doctors and junior hospital doctors. This book provides all practitioners with a comprehensive guide to diagnosing conditions and the benefits (and potential pitfalls) of steroid injections. It looks at all aspects of the practical skills required, as well as the evidence-base, general information, medico-legal issues and clinical errors to avoid. This Fifth Edition has been further updated, expanded and revised, including new sections on the elbow joint and iliotibial band syndrome as well as a new chapter on sports physiotherapy, and updates to the concept of greater trochanter pain syndrome. It conveys the author's comprehensive knowledge of anatomy and procedures and describes, step-by-step, the required skills for each procedure using full-colour photographs and explanatory illustrations. It provides every practitioner with the knowledge needed to inject with confidence. From reviews of previous editions: 'This book is excellent.' HOSPITAL DOCTOR 'Offers clear and well illustrated instructions and advice, backed up with considered clinical evidence of effectiveness. An excellent resource for nurses working in rheumatology.' BRITISH JOURNAL OF PERIOPERATIVE NURSING 'Very useful for immediate reference, this is an excellent textbook.' BRITISH JOURNAL OF SPORTS MEDICINE 'Clear illustrations and a step-by-step text.' BRITISH MEDICAL JOURNAL 'Ideal for encouraging confidence.' BRITISH JOURNAL OF GENERAL PRACTICE 'The original 'how to do it' handbook for the benefit of colleagues.' FAMILY PRACTICE



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