



# **Surviving Your Child's Adolescence: How to Understand, and Even Enjoy, the Rocky Road to Independence**

*Carl Pickhardt*

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**Surviving Your Child's Adolescence: How to Understand, and Even Enjoy, the Rocky Road to Independence** Carl Pickhardt

**Expert suggestions for guiding your child through the rough teenage years**

Does it sometimes seem like your teenager is trying to push you over the edge? Learn what your child is going through and what you can do to help your teen navigate this difficult period in this practical guide from psychologist and parenting expert Carl Pickhardt. In an easy-to-read style, Dr. Pickhardt describes a 4-stage model of adolescent growth to help parents anticipate common developmental changes in their daughter or son from late elementary school through the college age years.

- Provides unique advice for dealing with arguing, chores, the messy room, homework, and many other issues
- Offers best practices for teaching effective communication, constructive conflict, and responsible decision-making
- Includes ideas for protecting kids against the dangers of the Internet, bullying, dating, sexual involvement, and substance use

An essential road map for parents looking to guide their children on the path to adulthood.



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The actual book Surviving Your Child's Adolescence: How to Understand, and Even Enjoy, the Rocky Road to Independence has a lot details on it. So when you check out this book you can get a lot of help. The book was authored by the very famous author. Mcdougal makes some research ahead of write this book. This particular book very easy to read you can get the point easily after reading this book.

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In this age globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The condition of the world makes the information much easier to share. You can find a lot of personal references to get information example: internet, paper, book, and soon. You can observe that now, a lot of publisher that will print many kinds of book. The particular book that recommended to your account is Surviving Your Child's Adolescence: How to Understand, and Even Enjoy, the Rocky Road to Independence this e-book consist a lot of the information of the condition of this world now. This book was represented just how can the world has grown up. The language styles that writer value to explain it is easy to understand. Typically the writer made some study when he makes this book. This is why this book suitable all of you.

#### **Katie Cardiel:**

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