



How to Remember Anything: The Proven Total Memory Retention System

Dean Vaughn

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The Only Book of Its Kind?Build Memory Power Whether You're 8 or 80

Dean Vaughn's *How to Remember Anything* is a remarkable system for harnessing your brain's capacity for memory. Vaughn's user-friendly ten-step system goes beyond the drills and repetitions many of us learned as children by tapping into the power of sight and hearing. Visualizations, sound-alike words, and odd juxtapositions of objects (the more illogical the better) are some of the elements of Vaughn's sure-fire program to remember and retain everything from the names of the presidents of the United States to birthdays and appointments. Millions of individuals have benefited from this remarkable, proven memory system. You will too!

How to Remember Anything will help you remember:

- * names and faces
- * vocabulary and world languages
- * where you put things
- * numbers, reports and meeting agendas
- * appointments, birthdays and anniversaries
- * your schedule and things to do
- * how to speak in public without notes
- * geography, geometry
- * ANYTHING!



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Tammy Booker:

A lot of people always spent all their free time to vacation or maybe go to the outside with them household or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity that's look different you can read the book. It is really fun for yourself. If you enjoy the book you read you can spent all day every day to reading a guide. The book How to Remember Anything: The Proven Total Memory Retention System it is quite good to read. There are a lot of people who recommended this book. They were enjoying reading this book. When you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book has high quality.

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