



# **The Khaki Kook Book: A Collection of a Hundred Cheap and Practical Recipes Mostly from Hindustan**

*Mary Kennedy Core*

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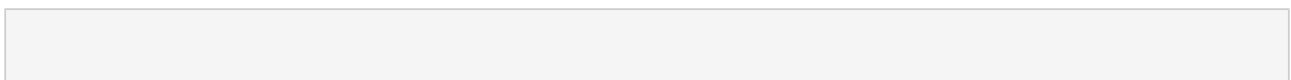
One hundred years ago, an American missionary went to India, and fell in love with both the cuisine and the people. She wanted to share her experiences with the folks back home in the form of a cook book, but she knew she would have to simplify the recipes for her American friends and family. These 100 year old recipes seem thoroughly modern, in both their quick and easy preparation, authenticity, simple, inexpensive and wholesome ingredients.

With its seductive aromas and elaborate flavors, Indian cuisine is one of the world's best. It's no wonder that so many people adore it--and also no surprise that it might appear daunting to prepare Indian food at home.

Here are 100 recipes that are surprisingly simple and easy, delicious, healthy, mouth-watering (and inexpensive). Originally published in 1917, this is a quality CENTENNIAL EDITION reissue of a ethnic cookery classic.

1. Curry Powder. 2. Beef Curry. 3. Chicken Curry. 4. Curry with Curds . 5. Meat Curry with Pastry. 6. Meat Curry with Cabbage. 7. Meat and Split Pea Curry. 8. Massala Fry. 9. Hamburg Steak Curry. 10. Cold Meat Curry. 11. Buffath, or Curry with Vegetables. 12. Buffath of Cold Meat and Vegetables. 13. Fish Curry. 14. Curry from Tinned Salmon, Sardines, or Tuna. 15. Salt Fish Curry. 16. Massala Fry of Fish. 17. Egg Curry. 18. Poached Egg Curry. 19. Eggplant Curry. 20 . Curried Stuffed Eggplant. 21. Stuffed Curried Mango Peppers. 22. Mixed Vegetable Curry. 23. Split Pea Curry. 24. Edible Leaves Curry. 25. Mulligatawney Soup. 26. Tamales (Mexican). 27. Koorma (Arabian). 28. Spiced Beef. 29. Irish Stew (Old English). 30. Mesopotamia Stew. 31. French Stew. 32. Turkish Stew. 33. All Blaze. 34. Country Captain. 35. Toad in Hole. 36. Minced Meat Patties. 37. Hamburg Cutlets. 38. Potato Patties with Fish or Meat. 39. Beef Olives. 40. . 45. Char-chiz. 46. Spanish Eggs. 47. Split Pea Soup. 48. Dal Soup with Milk. 49. Kidgeri. 50. Armenian Kidgeri. 51. Dal Bhat. 52. Plain Boiled Rice. 53. Pesh-Pash. 54. Pullao. 55. Beef or Mutton Pullao. 56. Spanish Rice. 57. Pea Pullao. 58. Coconut Rice. 59. Meat and Rice Hash. 60. Rice Cutlets. 61. Fried Rice (Parsi). 62. Potato Bujea. 63. Banana Bujea. 64. Summer Squash Bujea. 65 Cabbage Bujea. 66. Radish Bujea. 67. Tomato Bujea. 68. Chupatties. 69. Chupatties (Americanized). 70. Prahatas. 71. Potato Puris. 72. White Flour Puris. 73. Sweet Potato Puris. 74. Kausaundi Pickle (Americanized). 75. Lemon Chutney. 76. Apple Chutney. 77. Rhubarb Chutney. 78. Carrot Pickle. 79. Mixed Vegetable Pickle. 80. Puff Paste. 81. Cheese Cakes. 82. Banana Stewwith Cocoanut. 83. Roselle Jelly. 84. Roselle Sauce. 85. Tipparee Jam. 86. Orange Marmalade. 87. Orange Jelly. 88. Candied Grapefruit Peel. 89. Banana Cheese. 90. Carrot Cheese. 91. Fruit Cheese. 92. Fools. 93. Jellabies. 94. Gulab Jamans. 95. Malpuas. 96. Crow's Nest Fritters. 97. Hulwa. 98. Bombay Hulwa. 99. Turkish Delight. 100. Frosted Bananas. 101. Sujee Puffs. 102. Breadcrumb Balls. 103. Sujee Biscuits.

(cover image courtesy of Su Yin Khoo)



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