



Trauma and Cognitive Science: A Meeting of Minds, Science, and Human Experience

Jennifer J Freyd, Anne P Deprince

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Decipher the complex interplay of neurology, psychology, trauma, and memory! In the midst of the controversies over how repressed, false, and recovered memories should be interpreted, Trauma and Cognitive Science presents reliable original research instead of rhetoric. This landmark volume examines the way different traumas influence memory, information processing, and suggestibility. The research provides testable theories on why people forget some kinds of childhood abuse and other traumas. It bridges the cognitive science and clinical approaches to traumatic stress studies. Written by the foremost researchers in the field, including Bessel van der Kolk and Jennifer Freyd, these scientific evaluations of the way traumatic memories are processed offer powerful new perspectives on the interplay of biology and psychology. Trauma and Cognitive Science discusses a range of traumas, including combat, child abuse, and sexual assault across the lifespan. Fascinating perceptual experiments shed light on the cognitive uses of dissociation, the encoding and recall of memory, and the effects of early trauma on subsequent information processing. Trauma and Cognitive Science offers solid information on the most challenging questions in this field:

- How is memory encoded, stored, and retrieved? How is it forgotten?
- How does trauma influence these processes?
- What kinds of memories can be created by suggestion?
- What physical changes take place in the brain under traumatic stress?
- How is consciousness disturbed during and after trauma?
- What are the ethical, clinical, and societal implications of traumatic stress studies?
- How can people suffering from traumatic memories be healed?

Written in clear, accessible prose, Trauma and Cognitive Science belongs on the bookshelf of all mental health professionals, researchers in the areas of traumatic stress and child abuse, attorneys, judges, and survivors of abuse and trauma.

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