



# **Freedom from Addiction: Breaking the Bondage of Addiction and Finding Freedom in Christ**

*Neil T. Anderson, Julia Quarles, Mike Quarles*

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Many Christians are locked in a cycle of addiction, particularly in the areas of alcohol and drug abuse. Many have turned to twelve-step programs for help. But where is the incredible power of Christ in this process? In a positive, noncondemning way, Anderson provides an alternative model of recovery for substance and alcohol abusers, a model that will also work for individuals struggling with other kinds of addictions. The first half of *Freedom from Addictions* tells the unbelievable story of Mike and Julia Quarles, and how Mike overcame a debilitating addiction to alcohol. He achieved success by applying the principles that make up the central theme of Dr. Anderson's message: that we are saints according to God's Word (Ephesians 1) and that true freedom comes from realizing our identity in Christ.

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