



The 50 Things Every Senior & Their Families Need To Know (SERIOUSLY SENIORS)

Kirk Edwards

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The goal of this book is to be a terrific starting point for a senior or a family member getting involved in senior care. My frustration was that I kept looking for a good primer or overview of senior care and never found one. Think of this as the "Cliff Notes" version of senior care that you will get a get an understanding of topics like Medicare, Senior Living Facilities, Social Security, Senior Diseases and Senior Health. Each of the 50 sections is broken down the same way with three main parts. I first review the subject and give you the need to know information. There are usually one or two action steps that follow and will give you items to act on. The final part is a golden nugget, which dives more into a topic and hopefully gives you some good advice. Who should read this book? - Anybody that is 63 or 64 and is about to become part of Medicare. - Thinking of taking social security early or delaying it? - Have a loved one that might need to start exploring different senior living options - If your loved one needs help with their Medicare/healthcare bills. - If your senior family member has recently been diagnosed with Dementia, Alzheimer's or another chronic disease. - You realize that your parent(s) have no plans put into place as far as: o Wills o Medical Directives o DNR Plans o Power of Attorney o Living Trusts o Funeral Plans - You are in your 70's and realize that your spouse needs caregiving and you need help. - Anybody that is caring for or loving seniors, it is always better to be proactive than reactive. - This is the first of the SERIOUSLY SENIORS! Series to be published with "Dementia: Tips to Survive & Thrive" and "Medicare: Now I Understand" in the spring of 2016.

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