



The Preemie Primer: A Complete Guide for Parents of Premature Babies--from Birth through the Toddler Years and Beyond

Jennifer Gunter

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Having a premature baby—a baby born before the thirty-seventh week of pregnancy—can be a crash course in both medicine and health economics, not just in parenting. Parents face complex information, difficult decisions, and overwhelming grief and worry—with challenges that often extend well beyond those early days and weeks. As an ob/gyn, Dr. Jennifer Gunter has delivered hundreds of premature babies, but as a mother of preemie triplets, she also understands the heartbreak and challenges of prematurity. *The Preemie Primer* is a comprehensive resource, covering topics from delivery, hospitalization, and preemie development to parenting multiples, handling health issues, and finding special-needs programs. Compassionate, engaging, and medically grounded, *The Preemie Primer* is the first book on prematurity to combine the insight of a doctor with the experience of a mom.

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