



Biologically Active Phytochemicals in Food (Special Publications)

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The importance of a good diet is recognised by experts and consumers alike, and phytochemicals have been identified as one key ingredient. Scientists throughout the world are striving to determine the nature, role and significance of phytochemicals in diets, whole foods and supplements, in order to identify and exploit commercial opportunities which will offer health benefits to the consumer. Biologically-Active Phytochemicals in Food looks at the biosynthesis and significance of phytochemicals, their analysis and antioxidant behaviour, paying special attention to their anti-oxidant properties. It also discusses the influence of structure and processing on the bioavailability, and hence efficacy, of phytochemicals. Presenting state-of-the-art international research, this book will be welcomed by food chemists, researchers from other disciplines representing the extended food chain, and representatives of industry, regulatory bodies and consumer organisations.



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