



# **How to Find the Best Adult Family Home Care for Your Elderly Parent: Geriatric Nurse Insider Shows You Where to Start, the Best Questions to Ask, and What to Look out For**

*Joseph Spada*

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Understandably, most of us are worried about placing our loved one in a care facility, especially if they are frail and vulnerable. We worry about abuse, neglect, cost, and other undesirable issues the media tends to churn out as front-page news.

In this audiobook, author Joseph Spada, LPN, offers you insider's guidance into long-term care, clearly explaining what your options are, and the pros and cons of each. He shows you how to find and select the best facility for your needs, and most importantly, what to watch out for.

Joseph introduces you to the growing trend of Adult Family Homes; often overlooked, their small size and highly personalized care make them an attractive choice for both aging seniors and their adult children, and a worthwhile alternative to larger institutional settings.

But as with any important endeavor, you need expert guidance before venturing into unknown territory - this book is your road map.

Packed with invaluable insights and practical tips, you'll be able to make clear and informed decisions when dealing with any frail, elderly person.

As a geriatric nurse with more than 25 years caring for hundreds of seniors and operating Adult Family Homes, Joseph is in a unique position to compare and contrast your choices in a straightforward manner.

### What You'll Learn:

- How to determine the safety risks in your current situation
- Aging-in-place: myths vs. reality
- How to avoid costly mistakes and unsafe situations
- Working with Senior Referral Agents; key facts you MUST know
- 20 must-ask questions of any long-term care facility - before signing!
- Top 10 items to look for when visiting any care facility
- How to monitor care and address concerns, like a pro!
- And so much more!

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