



Asian Grilling: The Essential Kitchen Series

Vicki Liley

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Everyone loves to grill, but most people find themselves trapped in cooking the same few foods the same way over and over again. This book opens up a brave new world in grilling by looking at the tradition of grilling Asian style, offering dozens of wonderful recipes that will change readers' barbecue habits forever. Known for its fresh, healthy and low fat qualities, Asian grilling is almost always a visual feast as well as captured in this book's rich, enticing photography. The recipes here are easy to follow; the ingredients and grilling materials are available nearly everywhere, and the end result will amaze and delight. The Essential Kitchen Series has established itself as one of the most consistently informative and well designed on the market today. *Asian Grilling* is a most worthy addition to the list.

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