



Yellow Elephant: Improve your memory and learn more, faster, better

Tansel Ali

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In *The Yellow Elephant*, two-time Australian Memory Champion Tansel Ali shows you how he turned his very ordinary memory into a champion one – and memorised the Yellow Pages phone book along the way. Ali's easy-to-follow steps explain how the brain remembers and how you can take advantage of this. Practical exercises help you learn techniques and build your memory skills quickly, enabling you to learn faster, remember more, reduce stress, save time and improve your focus.

A strong memory helps you get ahead in many aspects of your daily life, from remembering your shopping list and studying for exams, to keeping track of business transactions and making sure your message is remembered by clients.

You don't need to settle for a memory like a sieve: all it takes is some simple techniques to keep your brain fit and improve the way you remember.

Tansel Ali is a two-time Australian Memory Champion and one of the leading thinkers on memory in the world. He has broken several memory records and competed in the World Memory Championships in Malaysia where he achieved 'Grandmaster of Memory' for remembering a random shuffled deck of cards under 3 minutes. He also broke 5 national memory records for a total of 6 out of the 10 events.

Tansel has spent the last 11 years training people how make the most out of their brain to work more effectively. Tansel's interactive coaching style and personal experience has attributed to many success stories, for example coach one of his students to enter the Guinness Book of Records for remembering and recently train a TV personality and CEO to compete and successfully memorise a deck of randomly shuffled cards at the World Memory Championships in London.

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From reader reviews:

Paul Weston:

Have you spare time for a day? What do you do when you have much more or little spare time? Sure, you can choose the suitable activity to get spend your time. Any person spent their own spare time to take a go walking, shopping, or went to the Mall. How about open as well as read a book called Yellow Elephant: Improve your memory and learn more, faster, better? Maybe it is to become best activity for you. You know beside you can spend your time together with your favorite's book, you can more intelligent than before. Do you agree with the opinion or you have various other opinion?

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