



Snoring and Obstructive Sleep Apnea

David N.F. Fairbanks MD, Samuel A. Mickelson MD FACS ABSM, B. Tucker Woodson MD FACS ABSM

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Completely updated, this volume is a practical, authoritative guide to the diagnosis and management of sleep-related breathing disorders. This Third Edition provides a more comprehensive treatment approach, focusing on surgical treatment but recognizing the growing importance of medical management of snoring/sleep disorders.

Noted experts in the fields of otolaryngology, head and neck surgery, pulmonology, and sleep medicine examine the pathophysiology of these disorders, their clinical presentations in adults and children, the diagnostic workup, and the latest and most effective drugs, devices, oral appliances, and surgical procedures. An in-depth discussion of patient selection and treatment decisions is also included.

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