



# Passages in Caregiving: Turning Chaos into Confidence

*Gail Sheehy*

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## **Passages in Caregiving: Turning Chaos into Confidence** Gail Sheehy

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Gail Sheehy, author of the groundbreaking *Passages*—which was a *New York Times* bestseller for more than three years—now brings us *Passages in Caregiving*. In this essential guide, the acclaimed expert on the now aging Baby Boomer generation outlines nine crucial steps for effective, successful family caregiving, turning chaos into confidence during this most crucial of life stages.



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