



Presto!: How I Made Over 100 Pounds Disappear and Other Magical Tales

Penn Jillette

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An unconventional weight loss tale from an unconventional personality—Penn Jillette tells how he lost 100 pounds with his trademark outrageous sense of humor and biting social commentary that makes this success story anything but ordinary.

Legendary magician Penn Jillette was approaching his sixtieth birthday. Topping 330 pounds and saddled with a systolic blood pressure reading over 200, he knew he was at a dangerous crossroads: if he wanted to see his small children grow up, he needed to change. And then came Crazy Ray. A former NASA scientist and an unconventional, passionate innovator, Ray Cronise saved Penn Jillette's life with his wild "potato diet."

In *Presto*, Jillette takes us along on his journey from skepticism to the inspiring, life-changing momentum that transformed the magician's body and mind. He describes the process in hilarious detail, as he performs his Las Vegas show, takes meetings with Hollywood executives, hangs out with his celebrity friends and fellow eccentric performers, all while remaining a dedicated husband and father. Throughout, he weaves in his views on sex, religion, and pop culture, making his story a refreshing, genre-busting account. Outspoken, frank, and bitingly clever, *Presto* is an incisive, rollicking read.



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Ray Ellis:

Spent a free time to be fun activity to try and do! A lot of people spent their spare time with their family, or their friends. Usually they doing activity like watching television, likely to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to test look for book, may be the e-book untitled Presto!: How I Made Over 100 Pounds Disappear and Other Magical Tales can be great book to read. May be it can be best activity to you.

Linda Soto:

People live in this new morning of lifestyle always try to and must have the time or they will get wide range of stress from both way of life and work. So , when we ask do people have spare time, we will say absolutely yes. People is human not really a robot. Then we question again, what kind of activity have you got when the spare time coming to you of course your answer will certainly unlimited right. Then ever try this one, reading publications. It can be your alternative in spending your spare time, the actual book you have read is actually Presto!: How I Made Over 100 Pounds Disappear and Other Magical Tales.

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