



# Personality Disorders: Recognition and Clinical Management

*Jonathan H. Dowson, Adrian T. Grounds*

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## **Personality Disorders: Recognition and Clinical Management**

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Personality disorders consist of long-term patterns of maladaptive behaviour which have a generally unrecognised importance in clinical practice. However, personality disorders are the origins of many medical consultations and social ills, including substance abuse, alcoholism, self-harm, suicide, neglect of children, criminality and HIV transmission. In a comprehensive summary and evaluation of the clinical literature, this book seeks to dispel the myth that personality disorder is simply a category for those problem individuals for whom nothing can be done. With detailed coverage of recognition, assessment and management, Drs Dowson and Grounds provide a co-ordinated empirically-based account of those aspects of personality disorders which are of relevance to psychiatrists and allied disciplines, including clinical psychologists, social workers, criminologists, specialist nurses and primary care physicians.



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