



The Many Faces of Abuse: Treating the Emotional Abuse of High-Functioning Women

Joan Lachkar

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The subject is emotional abuse—the ongoing process whereby one person attempts to destroy the will, needs, desires, or perceptions of another. The object is the well-educated, high-functioning professional woman.

Dr. Joan Lachkar examines the origins and early warning signs of the psychological violation she describes as a dance between abuser and abused. She goes on to introduce typologies of each (the narcissistic or passive-aggressive abuser, the unentitled self) and to explore the bases for their collusive attachments.

Addressing therapeutic functions like empathy, containment, and countertransference, and following a couple's evolution from a state of fusion through transitional two-ness to emerging separateness, dependent and interdependent, Dr. Lachkar applies her psychodynamic approach to treatment, informed by object relations and self psychology, and complete with guidelines for technique and practical suggestions for the couple.

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