



# More Kapusta or Cabbage - A Mother and Daughter Historical and Culinary Journey

*Jennie Ts Choban, April-Ria Qureshi*

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Life Goes On MORE Kapusta or Cabbage carries on with life where the original Kapusta or Cabbage left off. Years later, both mother, Jennie Choban, and daughter, April Qureshi, are living on The Sunshine Coast of British Columbia, in Canada. Enjoy another great read as Qureshi shares recipes, baking tips and cooks with her own children - son, Sasha, and daughter, Athena. And while Choban regales her grandchildren with tales of life in Ukraine - and growing up Canadian - she still fries Kapusta in the kitchen. Jennie and April-Ria share anecdotes and recipes that will make you both laugh and cry. More Kapusta or Cabbage is a mother and daughter historical and culinary journey that invites you into their kitchen and warms your heart.

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