



**The Ballymaloe Cookbook, revised and updated
50-year anniversary edition: Classic recipes from
Myrtle Allen's award-winning restaurant at
Ballymaloe House**

Myrtle Allen

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First published in 1977, *The Ballymaloe Cookbook* espouses a food philosophy rare for its time, but now so prevalent that this revised and updated edition shows just what an impact Myrtle Allen has made.

With classic, simple recipes, *The Ballymaloe Cookbook* is the ultimate kitchen cookery manual, packed with priceless tips from a true master chef, such as ‘how to get a carrot to taste like a carrot’ and ‘how not to drown a fresh fish’!

Myrtle’s charming food writing contains a world of wisdom that reveals a woman of great foresight, and not only where food is concerned. It is an elegant tribute to an authentic and sustainable way of life to which many of us are now seeking to return.

This new edition of *The Ballymaloe Cookbook* marks both Myrtle’s ninetieth birthday and fifty years of her award-winning, internationally renowned restaurant at Ballymaloe House. Containing many new recipes, the book is a celebration of modern Irish cooking at its best.

The Ballymaloe Cookbook: Table of Contents

1. Soups and Starters
2. Sauces
3. Fish and Shellfish
4. Poultry
5. Meat
6. Vegetables
7. Sweets and Ices
8. Tarts, Breads and Cakes
9. Pâtés, Cheese and Eggs
10. Some Drinks



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Sang Weems:

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Mary Brunner:

Reading can called thoughts hangout, why? Because if you find yourself reading a book specially book entitled The Ballymaloe Cookbook, revised and updated 50-year anniversary edition: Classic recipes from Myrtle Allen's award-winning restaurant at Ballymaloe House your brain will drift away trough every dimension, wandering in every single aspect that maybe unidentified for but surely will become your mind friends. Imaging every word written in a publication then become one application form conclusion and explanation that maybe you never get just before. The The Ballymaloe Cookbook, revised and updated 50-year anniversary edition: Classic recipes from Myrtle Allen's award-winning restaurant at Ballymaloe House giving you a different experience more than blown away your head but also giving you useful information for your better life within this era. So now let us present to you the relaxing pattern is your body and mind is going to be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary spending spare time activity?

Eric Saunders:

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