



The Journey Book One: Hope for Spouses Walking Through the Valley of Sexual Addiction

Melissa Haas

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The Journey Book One: Hope for Spouses Walking Through the Valley of Sexual Addiction. 2013 Revised Edition. 359 Pages. Written for spouses of sexually broken men, Journey is a 10-week counseling and support group for women facing betrayal and loss. Using the Journey workbook, women will work through topics such as 'Angry - but not Stuck'; 'Admitting Fears'; 'Setting Limits'; and 'Trusting Wisely'.

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