



# Practice-Based Research in Social Work: A Guide for Reluctant Researchers

*Sarah-Jane Dodd, Irwin Epstein*

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This unique textbook explores practice-based research (PBR), using numerous practice examples to actively encourage and engage students and practitioners to embrace research as a meaningful support for their practice. Whilst evidence-based practice gives practitioners access to information about "universal" best practices, it does not prioritize practitioner-generated knowledge or promote new research-based interventions relevant to their own practice circumstances as PBR does.

This book discusses the evolution of PBR as a distinct social work research approach, describes its principles and methods and presents a range of exemplars illustrating the application of PBR within different practice methods in different practice settings. The chapters cover:

- Identifying the research question in a PBR model
- Designing a study and identifying a methodology
- Sampling
- Literature reviews
- Gathering data
- Ethics
- Analyzing data and interpreting results
- Putting research into practice

Viewing the practitioner as central to the research process, and research as a necessary component of practice, this invaluable book emphasizes the seamless integration of practice and research. It is about research *in* social work practice rather than research *on* social work practice. Each chapter includes an overview, an introduction, and a key concepts summary. *Practice-Based Research in Social Work* is a very accessible text suitable for social work students, particularly MSW students, and practitioners.



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