



# **Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors**

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# Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors

## Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors

Learn more effective treatments for adolescents with abuse substance disorder

Dual diagnosis of adolescent substance use disorders and comorbid psychiatric disorders must be treated simultaneously to be effective. *Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors* presents leading experts offering insightful viewpoints and dynamic suggestions on how to best provide simultaneous treatment and integrated services to these youths. The book covers the state of the art in the field of substance use disorders, and reviews different psychiatric disorders and high risk behaviors, and then addresses the issue of integrated services and ethical, legal, and policy issues pertaining to this population.

In the field of adolescent substance abuse treatment, dual diagnosis is the rule rather than the exception, making assessment and treatment complicated. *Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors* comprehensively discusses the magnitude, etiology, and characteristics of problems and substance abuse disorders (SUD), and extensively explains ways to assess, treat, and develop services for adolescents. This unique text closely examines the assessment and treatment of psychiatric comorbid disorders among adolescents such as depression, anxiety disorders, ADHD, and high risk behaviors including suicidal behavior, self-harm behavior, and gambling behavior. The text is extensively referenced and several chapters include helpful tables and figures to clearly display the data.

Topics examined in *Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors* include:

- etiology of adolescent substance abuse
- assessment
- treatment planning
- psychosocial interventions
- pharmacological interventions
- disruptive behavior disorders
- attention deficit hyperactivity disorder
- depression
- bi-polar mood disorder
- anxiety disorders
- trauma and post traumatic stress disorder (PTSD)
- suicidal and self-harm behaviors
- schizophrenia
- eating disorder
- gambling behavior

*Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors* is an invaluable resource for mental health professionals, pediatricians, family physicians, nurses, addictions specialists, counselors, educators, students, and drug court professionals who provide assessment and treatment for youths with substance use disorders.

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