



Diabetic Goodie Book

et al Kathy Kochan, et al

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Gone are the days of making two separate after-dinner desserts, one for those with diabetes and one for those without. The 190 recipes in this title will meet everyone's sweet tooth as they are high in flavor and low in fat, sugar, and calories. Recipes include cakes, cookies, bars, coffee cakes, scones, muffins, puddings, pies, and cheesecakes. No artificial sweeteners are used.

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Alysha Johnson:

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