



# Healthy Junk

*Sharny Kieser, Julius Kieser*

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## **Healthy Junk** Sharny Kieser, Julius Kieser

60 easy recipes for making your favourite junk food into a healthy meal that has: No sugar, No wheat, No dairy, No grains, No preservatives, No additives, No colours, Paleo friendly, Nut free and totally delicious. Recipes include pizza, burger, fries, cola, icecream, chocolate cake, bread, lamingtons, lasagne, pancakes, pasta, spaghetti bolognese, wedges, white christmas, chocolate, custard, banana bread, muffins, red velvet cupcakes and many more!

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