



Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion

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In this fun, fresh, fat-positive anthology, fat activist and sex educator Virgie Tovar brings together voices from an often-marginalized community to talk about and celebrate their lives. *Hot & Heavy* rejects the idea that being thin is best, instead embracing the many fabulous aspects of being fat—building fat-positive spaces, putting together fat-friendly wardrobes, turning society’s rules into personal politics, and creating supportive, inclusive communities. Writers, activists, performers, and poets—including April Flores, Alyria Angel, Charlotte Cooper, Jessica Judd, Emily Anderson, Genne Murphy, and Tigress Osborn—cover everything from fat go-go dancing to queer dating to urban gardening in their essays, exploring their experiences with the word “fat,” pinpointing particular moments that have impacted the way they think and feel about their bodies, and telling the story of how they each became fat revolutionaries.

Ground-breaking and long overdue, *Hot & Heavy* is a fierce, sassy, thoughtful, authentic, and joyous collection of stories about unapologetically—and unconditionally—loving the body you’re in.



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The book untitled Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion contain a lot of information on this. The writer explains the girl idea with easy technique. The language is very straightforward all the people, so do definitely not worry, you can easy to read the idea. The book was compiled by famous author. The author brings you in the new time of literary works. It is possible to read this book because you can keep reading your smart phone, or device, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and order it. Have a nice learn.

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